



# Weekly Bulletin

**Holy Name of Mary Catholic Parish**

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**TWENTIETH SUNDAY IN ORDINARY TIME, YEAR B**

**Sunday, 18 August 2024**

## LIVE FOR THE BREAD THAT GIVES LIFE ETERNAL



The Eucharist is an extraordinary gift. We cannot fathom its infinite riches, as it is the Son of God himself. The bread is no longer bread, and the wine is no longer wine. We are in the presence of the Body and Blood of our Lord Jesus Christ. He came that we might have life and have it to the full. He came and gave us himself to sustain us on our journey. The food he gives – himself – is also the food of promise, for whoever eats his sacred Body and drinks his precious Blood will have eternal life and will be raised up on the last day. All other food is rendered useless at death. The Eucharist brings about the triumph over death; it is a new food for a new life – Eternal Life.

Surveys tell us again and again that only a minority of Catholics, about a third, understand what is being shown, what is being blessed and broken and shared, is the Real Presence of Jesus Christ.

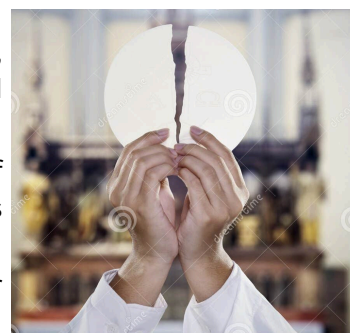
With that in mind, I'm not sure we sufficiently appreciate the full magnitude of this Sunday's readings. The reading from St. John's Gospel seems to underscore the mystery

of it all: "How can this man give us his flesh to eat?," the Jews asked. And Jesus replied, "My flesh is true food and my blood is true drink."

The understanding and wisdom of the Church has explained this mystery by using the word, "transubstantiation," that is, the bread and wine are transformed into Jesus' very Body and Blood, while the appearance still looks like bread and wine.

Among other things, the scriptures for this Sunday remind us that ours is a God of bewildering creativity, a God who gave manna in the desert and even now enters our lives through loaves of bread and the "cup of blessing."

We should be humbled by all that this implies; Christ's Real Presence, still among us, under the appearance of bread.



Eucharistic miracles have occurred throughout the history of Catholicism. A Eucharistic miracle involves the body and blood of the Eucharist taking on biological qualities of Christ's blood, flesh, or both. These extraordinary events have helped people see the spiritual reality of God's hand behind the physical world, reminding Catholics even today that there is more to our existence than we can understand with our five senses alone.

In Legnica, Poland on Christmas Day 2013 Msgr. Zbigniew Kiernikowski picked up a consecrated host that had accidentally fallen to the floor. He placed it in water to dissolve. Suddenly, a reddish color appeared on the consecrated host. Testing ensued, with the results finding that the host contained striated tissue from a human heart. Other findings also posit that the tissue showed similar signs as those seen in tissue after the agony of death. Today, the Eucharistic miracle is on display in a small shrine.

Jesus nourishes us in many ways: through His Word that is food for our thoughts; through His ministry that is healing food for our bodies; through His sacramental presence that is our spiritual food. Jesus also feeds us through our communion with Him and with all those who are in communion with Him. Thus, we are nourished by the community of believers who come to the Lord's table.

If we take nothing else away from these readings, we should remember how God in his greatness continues to dwell among us in the smallest of things.

He came to us once as an infant in a manger. He comes to us now as a crumb of bread.

Centuries before Christ, Elijah discovered that God didn't come in fire or a roaring wind or an earthquake. He came in a whisper.



# This Sunday's Readings



## Entrance Antiphon:

Turn your eyes, O God, our shield;  
and look on the face of your anointed one;  
one day within your courts  
is better than a thousand elsewhere.

## First reading: Proverbs 9:1-6

*Come and eat my bread; drink the wine I have prepared.*

Wisdom has built herself a house,  
she has erected her seven pillars,  
she has slaughtered her beasts, prepared her wine,  
she has laid her table.  
She has despatched her maidservants  
and proclaimed from the city's heights:  
'Who is ignorant? Let him step this way.'  
To the fool she says,  
'Come and eat my bread,  
drink the wine I have prepared!  
Leave your folly and you will live,  
walk in the ways of perception.'

## Responsorial Psalm: Ps 33:2-3, 10-15

**R: Taste and see the goodness of the Lord.**

I will bless the Lord at all times,  
his praise always on my lips;  
in the Lord my soul shall make its boast.  
The humble shall hear and be glad. **R**

Revere the Lord, you his saints.  
They lack nothing, those who revere him.  
Strong lions suffer want and go hungry  
but those who seek the Lord lack no blessing. **R**

Come, children, and hear me  
that I may teach you the fear of the Lord.  
Who is he who longs for life  
and many days, to enjoy his prosperity? **R**

Then keep your tongue from evil  
and your lips from speaking deceit.  
Turn aside from evil and do good;  
seek and strive after peace. **R**

## Second reading: Ephesians 5:15-20

*Be watchful that you may know the will of God.*

Be very careful about the sort of lives you lead, like  
intelligent and not like senseless people. This may be  
a wicked age, but your lives should redeem it. And do  
not be thoughtless but recognise what is the will of  
the Lord. Do not drug yourselves with wine, this is  
simply dissipation; be filled with the Spirit.

Sing the words and tunes of the psalms and hymns  
when you are together, and go on singing and  
chanting to the Lord in your hearts, so that always  
and everywhere you are giving thanks to God who is  
our Father in the name of our Lord Jesus Christ.

## Gospel Acclamation: **Alleluia! Alleluia!**

All who eat my flesh and drink my blood  
live in me and I in them, says the Lord.

**Alleluia!**

## Gospel: John 6:51-58

*My flesh is real food and my blood is real drink*

Jesus said to the crowd:

'I am the living bread which has come down from  
heaven.

Anyone who eats this bread will live for ever;  
and the bread that I shall give  
is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How  
can this man give us his flesh to eat?' they said.

Jesus replied:

'I tell you most solemnly,  
if you do not eat the flesh of the Son of Man  
and drink his blood,  
you will not have life in you.

Anyone who does eat my flesh and drink my blood  
has eternal life,  
and I shall raise him up on the last day.

For my flesh is real food  
and my blood is real drink.

He who eats my flesh and drinks my blood  
lives in me  
and I live in him.

As I, who am sent by the living Father,  
myself draw life from the Father,  
so whoever eats me will draw life from me.

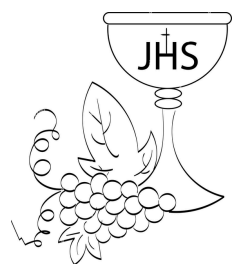
This is the bread come down from heaven;  
not like the bread our ancestors ate:  
they are dead,

but anyone who eats this bread will live for ever.'

## Communion Antiphon:

I am the living bread that came down  
from heaven, says the Lord.

Whoever eats of this bread will live  
for ever.



# PARISH NEWS AND EVENTS



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So, too, he comes to us today in a whisper – a sliver of a host, a sip of a cup. It is a mystery of our faith: how God can take the insignificant – the small, the broken, the easily overlooked – and dwell within and make it sacred.

He does it with bread. He can do it with each of us.

As St. Augustine once famously put it, “We become what we receive.” How could any of us not be overwhelmed, to consider what we receive in the Eucharist, and to think of what we can become?

Excerpts duly acknowledged .

## God’s blessings



Kindly keep praying for the completion of the intended project with God’s grace and guidance.



Our deepest condolences and prayers to Nida Fenis and family who lost their beloved husband and father, Estelito Fenis this week. The funeral will be on Wednesday 21st August at 11:30am in our church. Please keep the family in prayer.



**Don't Forget!**

## TAX RECEIPTS FOR 2023/2024

Tax Receipts for the financial year 2023/2024 are available for collection (on the tables) at the back of the Church. Please don’t forget to pick yours up to save us from postage. Please be aware that the Envelopes and weekly church donations are not tax deductible. Donations to Catholic Foundation / DWF - Diocesan Works Fund **are tax deductible**. If you have any concerns or find any discrepancies please contact the Parish Office.

## Let us pray for ...

### *Sick*

Aileen Pelias,  
Tom Nayler, Louela Davis,  
Judy, Catherine, Elizabeth, Monika,  
Maree Buttenshaw, Robert Power

### *Recently Deceased*

Sr Mara Marin  
Estelito Fenis  
Peter Anderson

### *Anniversaries*

Dr. Bill Ryan  
Leslie Lee

# PARISH ROSTERS

## 24/25 August 2024

	Computer Operators	Lectors	Altar Servers	EMHC	Counters	Cleaning Ministry	Altar Society
Sat Vigil 5.30pm	Lynette Rodrigues	Romeo & Yolanda Urqueza		Diane O'Shea Michelle Acharya	Geoff & Barbara Rosario Francis Mathew	Thess Davidson & family	Maria Greenfield Lily Hon
Sun 8.00am	Anthony Wong	Will & Angela Finnane		Barbara Rosario Lina Flores			
Sun 10.00am	Glenys Oxlee	Khush Jilla Glenys Oxlee		Evelyn Artiaga Sheila Tapiador			

## 31 Aug/1 September 2024

	Computer Operators	Lectors	Altar Servers	EMHC	Counters	Cleaning Ministry	Altar Society
Sat Vigil 5.30pm	Eric Flores	Sue & Len Farrugia		Susan Boulous Kathy Saad	David & Sue Boulous Frank Camilleri	Marthe Nalletamby Jing Tapiador	Pam McKay Annabel Manlutac Gail Dick
Sun 8.00am	Pamela McKay	Glenys Oxlee Helen Wong		Lina Flores Barbara Rosario			
Sun 10.00am	Juvy Austria	Julia Tapiador Linda Tsang		Evelyn Artiaga Sheila Tapiador			

# PARISH NEWS AND EVENTS

## FEAST DAYS THIS WEEK

### August

Tuesday 20 - **St Bernard** abbot, doctor

Wednesday 21 - **St Pius X** pope

Thursday 22 - **The Queenship of the Blessed Virgin Mary**

Saturday 24 - **St Bartholomew** apostle

### The Queenship of the Blessed Virgin Mary

Pope Pius XII established this feast in 1954. But the Blessed Virgin Mary's queenship has roots in Scripture.

At the Annunciation, Gabriel announced that Mary's Son would receive the throne of David and rule forever.

At the Visitation, Elizabeth calls Mary "mother of my Lord." As in all the mysteries of Mary's life, she is closely associated with Jesus:

Her queenship is a share in Jesus' kingship.

The feast is a logical follow-up to the Assumption, and is now celebrated on the octave day of that feast.

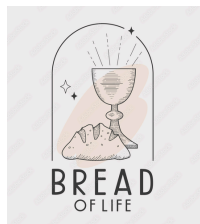


### Communion to the Sick and House bound

Do you know of someone who is unable to come for Mass but would like to receive Holy Communion?

Our Minsters of Holy Communion are happy to visit fortnightly on a regular basis or a one off to provide this Sacrament.

Please contact Cheryl the Parish Secretary for more details.



## POSITION VACANT - PARISH SECRETARY

Our Parish has a position vacant for a Parish Secretary.

We are looking for a trustworthy, reliable and faith driven individual who can put the needs of others first.

The normal working hours are from Tuesday to Friday - 21 hours, however the hours may vary sometimes, based on the emerging needs.

Knowledge of Microsoft Office, Canva and experience in a similar field would be desirable.

Any Catholic/Christian who is committed to faith can apply for this position.

The applications can be sent to [vsvince85@gmail.com](mailto:vsvince85@gmail.com)

The job description is available upon request.

More details will be discussed in the interview.

Applications to be submitted by close of business **6th September 2024.**

## ACBC 2024-2025 Social Justice Statement Launch: 20 August

All are warmly invited to attend the official launch of the Australian Catholic Bishops Conference's 2024-2025 Social Justice Statement, 'Truth & Peace: A Gospel Word in a Violent World' on **Tuesday 20 August from 10am to 12pm** in **St Paul's Catholic College Sports Hall, Greystanes**, adjoining Our Lady Queen of Peace Parish, Greystanes. Please RSVP your attendance via this link:

<https://forms.office.com/r/1Wd96tbps0>

## WEEKDAY MASSES

Tue - Wed - Thu - Fri - Sat 9:15 am

*Novena to our Lady of Perpetual Succour*

*Every Wednesday 7:00pm*

**ROSARY** at 3:00pm on the last Saturday of every month at Ermington Shopping Centre (near the Post Office).

## SUNDAY MASSES

Saturday (Vigil) 5:30 pm

Sunday 8:00 am & 10:00 am

## RECONCILIATION

Saturday 8:30 am - 9:00 am

## ADORATION (EXPOSITION)

Saturday 8:30 am

## BAPTISM

1st & 3rd Sunday of the Month 11:30 am

## PARISH TEAM

**Fr. Vincent Savarimuthu**

**Parish Priest**

**Cheryl Percan**

Parish Secretary  
Tue / Wed / Fri  
10am to 3pm

**Deacon Leon**

Finance Secretary  
Thur  
10am to 2pm

**Sacramental Coordinator**

**Childrens Liturgy Coordinator**

**Lectors Coordinator**

**Senior Server Coordinator**

**Finance Chairman**

**St Vincent De Paul President**

**Rydalmen Coordinator**

Diane O'Shea

Allison Markarian

Glenys Oxlee

Anton Massillamany

Ron Della Vedova

Ron Della Vedova

Mark Bannister

## PARISH SCHOOLS

### St. Mary's Primary School

1 Myrtle Street, Rydalmere NSW 2116

**Ph:** (02) 8844 5700

**Email:** [StMarysRydal@parra.catholic.edu.au](mailto:StMarysRydal@parra.catholic.edu.au)

**Principal:** Mr. Richard Blissenden

### St. Patrick's Marist College

171 Kirby Street, Dundas NSW 2117

**Ph:** (02) 8841 7900

**Email:** [stpatsdundas@parra.catholic.edu.au](mailto:stpatsdundas@parra.catholic.edu.au)

**Principal:** Mr. Paul Ryan