Weekly Bulletin

Holy Name of Mary Catholic Parish

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NINETEENTH SUNDAY IN ORDINARY TIME, YEAR B **Sunday, 11 August 2024**

THE MIRACLE TAKING PLACE ON OUR ALTAR AT EVERY MASS

Food advertising is everywhere. From television to social media platforms, in grocery stores and restaurants, from food commercials to nutrition labels, we are surrounded with information about food.

The marketing of food is a billion-dollar industry that encourages brand loyalty, even as consumers are invited to try the new and latest food products. Certain foods evoke memories and connect us to people, places and events. Food shapes and transmits culture and is an essential part of the fabric of daily life.

In Sunday's Gospel we hear Jesus say, "I am the bread of life come down from heaven." Those who first heard him were puzzled by his teaching. In our food-saturated world, Jesus's words may be puzzling as well. As we think about food that satisfies our physical hunger, do we pause to reflect on our spiritual hunger? As we enjoy healthy foods, do we search for the spiritual food that will satisfy the deepest human longings for peace, love and union with God and one another? Does the concern for food that nourishes the body match the desire for spiritual food that sustains the soul?

The Eucharist is a gift that transcends all forms of spiritual nourishment. With eyes of faith, we see and taste the goodness of the Lord in the gift of heavenly bread. In faith we recognize that Jesus offers to us the gift of his very self, his life given to the point of death on the cross for love of the world. Jesus, the bread that comes down from heaven, offers to each one of us nothing less than God's abundant love. In this divine love we find our peace, security, and the origin and goal of eternal life with God.

Catechism teaches that God alone satisfies the deepest hungers of the human heart. Jesus, the bread that came down from heaven, draws close to us in his sacred body and blood in every Eucharist so we might taste and see the goodness of the Lord, as the psalmist acclaims in today's responsorial psalm.

Just as our bodies need nutritious food, we need divine, spiritual food for the journey of faith. Today's Gospel invites us to hear Jesus's words and to respond in faith as we long for and receive the spiritual nourishment of the Eucharist that leads us to pray in confident faith, "Speak to me, Lord."

In our busy world, it's so very easy to let ourselves become distracted by the many competing voices. It's easy to hear the pulling, and even pushing, of the world and all its enticements. The world has become quite good at penetrating our short attention spans and offering quick satisfactions that ultimately leave us empty.

But God's voice and His invitation are quite different. They are found in interior silence. However, we need not be in a monastery in order to achieve this interior silence. Rather, it's achieved by faithful periods of prayer each day, and a formed habit of turning to God in all things. It's achieved when we respond to God's calling, and then do it again, and again, and so forth. This builds a habit of being drawn, hearing, responding and being drawn in even closer so as to respond again.

Reflect, today, upon how well you listen to God. Try to find at least a few minutes (or more) of silence today. Close your eyes and listen. Listen to God speaking to you. When He draws you, respond to Him with much generosity. This is the best choice you can make each day!

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This Sunday's Readings

Entrance Antiphon:
Look to your covenant, O Lord,
and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause.
and forget not the cries of those who seek you.

First reading: 1 Kings 19:4-8
Strengthened by the food, he walked to the mountain of the Lord.

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'O Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

Responsorial Psalm: Ps 33:2-9

℟: Taste and see the goodness of the Lord.

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad. ℟

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free. ℟

Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress. ℟

The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good .
He is happy who seeks refuge in him.℟

Second reading: Ephesians 4:30 - 5:2
Walk in love, just as Christ.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God as children of his that he loves and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

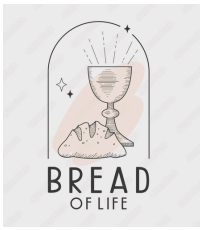
Gospel Acclamation : *Alleluia! Alleluia!*
I am the living bread from heaven, says the Lord;
whoever eats this bread will live for ever. ***Alleluia!***

Gospel: John 6:41-51
I am the living bread come down from heaven.

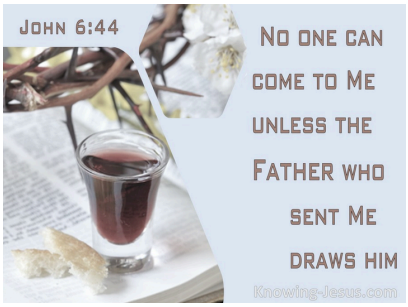
The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me
unless he is drawn by the Father who sent me,
and I will raise him up at the last day.
It is written in the prophets:
They will all be taught by God,
and to hear the teaching of the Father,
and learn from it,
is to come to me.
Not that anybody has seen the Father,
except the one who comes from God:
he has seen the Father.
I tell you most solemnly,
everybody who believes has eternal life.
I am the bread of life.
Your fathers ate the manna in the desert
and they are dead;
but this is the bread that comes down from heaven,
so that a man may eat it and not die.
I am the living bread which has come down from heaven.
Anyone who eats this bread will live for ever;
and the bread that I shall give is my flesh,
for the life of the world.'

Communion Antiphon:
The bread that I will give, says the Lord,
is my flesh for the life of the world.



PARISH NEWS AND EVENTS



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The purpose of the Lord's Supper is not for us to go through the motions, but to remember all that Christ did for us. His body was broken and blood was shed for the forgiveness of our sins. **Communion is a time to reflect, appreciate and give honor to Jesus for what He endured for us.**

How does the experience of Jesus's presence in the Eucharist change your spiritual life?

Excerpts duly acknowledged .

God's blessings

Kindly keep praying for the completion of the intended project with God's grace and guidance.

'RYDALMEN'

Building up fellowship among men of different age brackets

Meets on the **Third Thursday** of every Month
Where : Parish Meeting Room
Time : 7:15pm for 7:30pm to 9:00pm
What to Bring : Small plate of nibbles (Optional)
Next Meeting : **15th August 2024**

TAX RECEIPTS FOR 2023/2024

Tax Receipts for the financial year 2023/2024 are available for collection (on the tables) at the back of the Church. Please don't forget to pick yours up to save us from postage. Please be aware that the Envelopes and weekly church donations are not tax deductible.
Donations to Catholic Foundation / DWF - Diocesan Works Fund **are tax deductible.**

Let us pray for ...

Sick

Aileen Pelias, Estelito Fenis, Tom Nayler, Louela Davis, Judy, Catherine, Elizabeth, Monika, Maree Buttenshaw, Robert Power

Recently Deceased

Linda Dysoco

Anniversaries

Cedric & Thelma Aboud
Arthur Saad

PARISH ROSTERS

17/18 August 2024

	Computer Operators	Lectors	Altar Servers	EMHC	Counters	Cleaning Ministry	Altar Society
Sat Vigil 5.30pm	Mark Salter	Maddison Boulous Anne-Marie Hewkins		Sr Maureen Sue Farrar	Geoff & Barbara Rosario Sheila Tapiador	Thomas & Sophie Russo	Linda Tsang Grace Coco Gabriella Spinetti Sheila Tapiador
Sun 8.00am	Michael Majoor	Anne Marie Lyons Anton Fernando		Lina Flores Barbara Rosario			
Sun 10.00am	Elizabeth Yeo	Nada Coorey Cynthia Oscar		Lynette & Dominic Rodrigues			

24/25 August 2024

	Computer Operators	Lectors	Altar Servers	EMHC	Counters	Cleaning Ministry	Altar Society
Sat Vigil 5.30pm	Lynette Rodrigues	Romeo & Yolanda Urqueza		Diane O'Shea Michelle Acharya	Geoff & Barbara Rosario Francis Mathew	Thess Davidson & family	Maria Greenfield Lily Hon
Sun 8.00am	Anthony Wong	Will & Angela Finnane		Barbara Rosario Lina Flores			
Sun 10.00am	Glenys Oxlee	Khush Jilla Glenys Oxlee		Evelyn Artiaga Sheila Tapiador			

PARISH NEWS AND EVENTS

FEAST DAYS THIS WEEK

August

Wednesday 14 - **St Maximilian Mary Kolbe** priest, martyr

Thursday 15 - **The ASSUMPTION of the BLESSED VIRGIN MARY**

The ASSUMPTION of the BLESSED VIRGIN MARY

Today, the Church celebrates the Feast Day of the **Assumption of Our Lady** when according to our faith, the Holy Mother, "having completed her course of her earthly life, was assumed body and soul into heavenly glory".Although defined as an article of faith by Pope Pius XII just over half a century ago, the Assumption of Our Lady into heaven has been accepted from back to the earliest of Christian times.

The Assumption signals the end of Mary's earthly life and marks her return to heaven to be reunited with Jesus. While the bodies of both Jesus and Mary are now in heaven, there is a difference between the Assumption and the Resurrection. Where Jesus arose from the tomb and ascended into heaven by his own power, Mary's body was taken up to heaven by the power of her Son. For this reason we use different words to describe each event. One is the Ascension of Christ and the other, the Assumption of Mary.

St Maximilian Mary Kolbe is the Patron Saint of drug addicts and prisoners. He was a Polish Catholic priest and Conventual Franciscan friar who volunteered to die in place of a man in the German death camp during World War II. He had been active in promoting the veneration of the Immaculate Virgin Mary. During the war he continued to shelter refugees from Poland and hide Jews from the Nazis while vilifying the Nazis in his amateur radio reports and letters. While in prison Maximillian radiated God's love and generosity, opening his heart to tell the other prisoners of the endless reach of God's love and fighting for the souls of those imprisoned.

Winbourne Being Peaceful Change Reflection Day: 17 August

The Winbourne Edmund Rice Retreat Centre, Mulgoa, is holding a reflection day on '**Being Peaceful Change**' on **Saturday 17 August** from **9.30am** to **12.30pm**. "Before you speak of peace, you must first have it in your heart" (St Francis of Assisi). How might we achieve this unity and carry it forward? Cost is $15 per person. For information or to book, contact (02) **4773 5555** or email info@winbourne.org.

The Catholic charity, **Aid to the Church in Need**, is seeking applications for a full time, **Benefactor Support Coordinator**. The role is based at the national office in Penrith. Experience in customer service and/or the processing of donations is ideal. For information visit, **www.aidtochurch.org/jobs.** Applications close 23 August.

Safeguarding Face-to-face Training Opportunities

The next session of face-to-face Mandatory Safeguarding Training will be held on **Saturday 17 August** at **St Madeleine Sophie Barat Parish, Kenthurst,** for Modules 4-5. More training opportunities will be available throughout August & September. Please register directly for this training or for other convenient dates and locations by clicking on the training event at: https://parracatholic.org/connect/events/?series=safeguarding-training. For more information, please email: **safeguardingtraining@parracatholic.org**.

WEEKDAY MASSES

Tue - Wed - Thu - Fri - Sat 9:15 am

Novena to our Lady of Perpetual Succour

Every Wednesday 7:00pm

ROSARY at **3:00pm** on the last Saturday of every month at Ermington Shopping Centre (near the Post Office).

SUNDAY MASSES

Saturday (Vigil) 5:30 pm

Sunday 8:00 am & 10:00 am

RECONCILIATION

Saturday 8:30 am - 9:00 am

ADORATION (EXPOSITION)

Saturday 8:30 am

BAPTISM

1st & 3rd Sunday of the Month 11:30 am

PARISH TEAM

Fr. Vincent Savarimuthu

Parish Priest

Cheryl Percan

Parish Secretary

Tue / Wed / Fri

10am to 3pm

Deacon Leon

Finance Secretary

Thur

10am to 2pm

Sacramental Coordinator	Diane O'Shea
Childrens Liturgy Coordinator	Allison Markarian
Lectors Coordinator	Glenys Oxlee
Senior Server Coordinator	Anton Massillamany
Finance Chairman	Ron Della Vedova
St Vincent De Paul President	Ron Della Vedova
Rydalmen Coordinator	Mark Bannister

PARISH SCHOOLS

St. Mary's Primary School
1 Myrtle Street, Rydalmere NSW 2116
Ph: (02) 8844 5700
Email: StMarysRydal@parra.catholic.edu.au
Principal: Mr. Richard Blissenden

St. Patrick's Marist College
171 Kirby Street, Dundas NSW 2117
Ph: (02) 8841 7900
Email: stpatsdundas@parra.catholic.edu.au
Principal: Mr. Paul Ryan