



Weekly Bulletin

Holy Name of Mary Catholic Parish

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EIGHTEENTH SUNDAY IN ORDINARY TIME, YEAR B

Sunday, 04 August 2024

THE BREAD WE EAT - IS IT FOR OUR MORTAL BODY OR FOR OUR SOUL THAT NEVER DIES?



We live as hungry people in a hungry world. Everyone is looking for something that will sustain and nourish life, something that will feed and energize, something that will fill and satisfy. Everyone is looking for bread. The problem is not that we are hungry, but the kind of bread we eat.

Think about the varieties of bread being eaten in our lives and in the world today. In Syria both sides are eating the bread of violence and war. Opposing politicians share the bread of negativity, hostility, and name-calling.

Many of us eat the bread of having to be right and get our way. We eat the bread of hurt feelings and resentment.

Sometimes we eat the bread of loneliness, fear, and isolation. There are times we eat the bread of sorrow or guilt. Other times we eat the bread of power and control. Sometimes we eat the bread of revenge or oneupmanship. We eat all kinds of bread. The bread we eat reveals something about the nature of our appetites.

The world is full of bread and yet far too many live hungry, empty, and searching. That says something about our appetites and the bread we have eaten. It's a sure sign that the bread we have eaten cannot give real life. It is perishable bread that nourishes only a perishable life. It leaves us wanting only more of the same.

Not all bread sustains and grows life. Not all bread is nutritious. If you want to know the nutritional value of the bread you have to look beyond the bread. Where did it come from? What are its ingredients?

That's what Jesus is teaching in today's gospel. The people have shown up hungry. Just yesterday Jesus fed 5000 of them with five loaves and two fish. Today they show up and their first question is, "Rabbi, when did you come here?"

They do not marvel at yesterday's miracle, give thanks for God's generosity, or even wonder who this rabbi is. They saw no sign, no miracle, in yesterday's feeding. They are interested only in their own appetites and Jesus knows it.

"Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves," he says to them. The people are concerned for their bellies. Jesus is concerned for their lives. The people want to feed themselves with bread. Jesus wants to feed them with God. "Do not work for the food that perishes," he tells them, "but for the food that endures for eternal life."

The food that endures is Jesus himself. He is the bread that is broken and distributed for the life of the world. He is the bread that is broken and yet never divided. He is the bread that is eaten and yet never exhausted. He is the bread that consecrates those who believe in and eat him.

When we believe in Jesus, eating, ingesting, and taking him into our lives, we live differently. We see ourselves and one another as persons created in the image and likeness of God rather than as obstacles or issues to be overcome. We trust the silence of prayer rather than the words of argument. We choose love and forgiveness rather than anger and retribution. We relate with intimacy and vulnerability rather than superficiality and defensiveness. We listen for God's voice rather than our own. Ultimately, we seek life rather than death.



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This Sunday's Readings



Entrance Antiphon:

O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.

First reading: Exodus 16:2-4, 12-15

I will rain bread from heaven upon you.

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God." And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That,' said Moses to them, 'is the bread the Lord gives you to eat.'

Responsorial Psalm: Ps 77:3-4, 23-25, 54

℟: The Lord gave them bread from heaven.

The things we have heard and understood,
the things our fathers have told us,
we will tell to the next generation:
the glories of the Lord and his might. **℟**

He commanded the clouds above
and opened the gates of heaven.
He rained down manna for their food,
and gave them bread from heaven. **℟**

Mere men ate the bread of angels.
He sent them abundance of food.
He brought them to his holy land,
to the mountain which his right hand had won. **℟**

Second reading: Ephesians 4:17, 20-24

Put on the new person that has been created in God's image.

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ,

unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

Gospel Acclamation : **Alleluia! Alleluia!**

No one lives on bread alone,
but on every word that comes from the mouth of God.

Alleluia!

Gospel: John 6:24-35

Whoever comes to me will never be hungry; whoever believes in me will never thirst.

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly,
you are not looking for me
because you have seen the signs
but because you had all the bread you wanted to eat.
Do not work for food that cannot last,
but work for food that endures to eternal life,
the kind of food the Son of Man is offering you,
for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered:

'I tell you most solemnly,
it was not Moses who gave you bread from heaven,
it is my Father who gives you the bread from heaven,
the true bread;
for the bread of God
is that which comes down from heaven
and gives life to the world.'
'Sir,' they said 'give us that bread always.' Jesus answered:

'I am the bread of life.

He who comes to me will never be hungry;
he who believes in me will never thirst.'

Communion Antiphon:

I am the bread of life, says the Lord;
whoever comes to me will not hunger
and whoever believes in me will not thirst.

PARISH NEWS AND EVENTS



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Jesus makes us the same offer. He offers himself to us in every one of our relationships: family, friends, strangers, enemies, those who agree with us, and those who disagree. In every situation and each day of our life we choose the bread we will eat, perishable or imperishable. In doing so, we also choose the life we want.

So I wonder, what bread will we eat today?

(Excerpts from Michael Marsh)

God's blessings



Kindly keep praying for the completion of the intended project with God's grace and guidance.

Congratulations to **George Marriott** whose Baptism is this Sunday. We welcome him to our Parish family.

Don't Forget!



TAX RECEIPTS FOR 2023/2024

Tax Receipts for the financial year 2023/2024 will be available for collection at the weekend Masses next week.

Please be aware that the Envelopes and weekly church donations are not tax deductible.

Donations to Catholic Foundation / DWF - Diocesan Works Fund **is tax deductible**.



Phone/Landline Update

We are pleased to announce that our Parish Phone **9684 1541** is now connected. The mobile phone will be disconnected shortly.

Let us pray for ...

Sick

Aileen Pelias, Estelito Fenis,
Tom Nayler, Louela Davis,
Linda Dysoco, Judy, Catherine,
Elizabeth, Monika, Maree Buttenshaw,
Robert Power

Recently Deceased

Bishop Kevin Manning
Bernard Harrington

Anniversaries

Mary O'Hara
Owen O'Hara

PARISH ROSTERS

10/11 August 2024

	Computer Operators	Lectors	Altar Servers	EMHC	Counters	Cleaning Ministry	Altar Society
Sat Vigil 5.30pm	Ben Garcia	Eli Ogrizek Lynette Rodrigues		Susan Boulos Kathy Saad	Lawrence Tsang Tyrone Wiratunga	Pierre Salomon	Barbara Rosario Lynette Rodrigues
Sun 8.00am	Naom Younis	Glenys Oxlee Rozz Morris		Barbara Rosario Lina Flores			
Sun 10.00am	Delilah Rodrigues	Joseph Andrews Jessica Tapiador		Evelyn Artiaga Elaine Gade			

17/18 August 2024

	Computer Operators	Lectors	Altar Servers	EMHC	Counters	Cleaning Ministry	Altar Society
Sat Vigil 5.30pm	Mark Salter	Maddison Boulous Anne-Marie Hewkins		Sr Maureen Sue Farrar	Geoff & Barbara Rosario Sheila Tapiador	Thomas & Sophie Russo	Linda Tsang Grace Coco Gabriella Spinetti Sheila Tapiador
Sun 8.00am	Michael Majoor	Anne Marie Lyons Anton Fernando		Lina Flores Barbara Rosario			
Sun 10.00am	Elizabeth Yeo	Nada Coorey Cynthia Oscar		Lynette & Dominic Rodrigues			

PARISH NEWS AND EVENTS

FEAST DAYS THIS WEEK

August

Tuesday 6 - **The Transfiguration of the Lord**
Thursday 8 - **St MARY OF THE CROSS, virgin**
Saturday 10 - **St Lawrence** deacon, martyr



Mary MacKillop was born in 1842 in Fitzroy, Melbourne. On 8 August 1909, she died, having suffered a disabling stroke in 1902. Inspired by a meeting with Fr. Julian Tenison-Woods, Mary MacKillop took her vows at the age of twenty five, and the religious name, "**Mary of the Cross**".

Even today, many Australians can say that they too have felt the impact of the enormous work started by St. Mary of the Cross (MacKillop), having been educated or cared for, by the Sisters of Saint Joseph. She was noted for her trust in the providence of God and miracles of healing have been attributed to her. She was declared a Saint by Pope Benedict XVI on the 17th October 2010. In January 2013, St Mary of the Cross (MacKillop) was declared by the Congregation for Divine Worship and the Discipline of the Sacraments, to be the Second Patron Saint of Australia. This means that Australia now has two Patron Saints: Mary Help of Christians and St. Mary of the Cross (MacKillop).

VOLUNTEER

you can make a difference!



VINNIES - NEW MEMBERS DESPERATELY NEEDED

Our Vinnies group meets every fortnight. Next Meeting is on **Tuesday 6th August** at **7:00pm** in the Meeting Room.

Vale Bishop Kevin Manning

On Friday 2 August, the Diocese of Parramatta bid a fond farewell to **Bishop Emeritus Kevin Manning**, the second Bishop of Parramatta, during a moving service at St Patrick's Cathedral, Parramatta. Visit catholicoutlook.org for stories, images and video from Bishop Manning's funeral. We continue to pray for the repose of his soul and give thanks to God for his earthly life.



Catholic Care Bringing Up Great Kids Parenting Group: Begins 3 September

Parents and caregivers are welcome to join a parenting group designed by the Australian Childhood Foundation run over four sessions at **Catholic Care's Mamre House**, Orchard Hills, from **Thursday 3 September from 10am to 1pm**. The course is supported by the free Mamre Creche. Numbers are limited, so express your interest by contacting **(02) 8843 2500** or **0439 917 129** by 15 August.

Safeguarding Face-to-face Training Opportunities

The next session of face-to-face Mandatory Safeguarding Training will be held on **Saturday 17 August** at **St Madeleine Sophie Barat Parish, Kenthurst**, for Modules 4-5. More training opportunities will be available throughout August & September. Please register directly for this training or for other convenient dates and locations by clicking on the training event at: <https://parracatholic.org/connect/events/?series=safeguarding-training>. For more information, please email: safeguardingtraining@parracatholic.org.

WEEKDAY MASSES

Tue - Wed - Thu - Fri - Sat 9:15 am

*Novena to our Lady of Perpetual Succour
Every Wednesday 7:00pm*

ROSARY at 3:00pm on the last Saturday of every month at Ermington Shopping Centre (near the Post Office).

SUNDAY MASSES

Saturday (Vigil) 5:30 pm
Sunday 8:00 am & 10:00 am

RECONCILIATION

Saturday 8:30 am - 9:00 am

ADORATION (EXPOSITION)

Saturday 8:30 am

BAPTISM

1st & 3rd Sunday of the Month 11:30 am

PARISH TEAM

Fr. Vincent Savarimuthu

Parish Priest

Cheryl Percan

Parish Secretary
Tue / Wed / Fri
10am to 3pm

Deacon Leon

Finance Secretary
Thur
10am to 2pm

Sacramental Coordinator

Childrens Liturgy Coordinator

Lectors Coordinator

Senior Server Coordinator

Finance Chairman

St Vincent De Paul President

Rydalmen Coordinator

Diane O'Shea

Allison Markarian

Glenys Oxlee

Anton Massillamany

Ron Della Vedova

Ron Della Vedova

Mark Bannister

PARISH SCHOOLS

St. Mary's Primary School

1 Myrtle Street, Rydalmere NSW 2116

Ph: (02) 8844 5700

Email: StMarysRydal@parra.catholic.edu.au

Principal: Mr. Richard Blissenden

St. Patrick's Marist College

171 Kirby Street, Dundas NSW 2117

Ph: (02) 8841 7900

Email: stpatsdundas@parra.catholic.edu.au

Principal: Mr. Paul Ryan