

Weekly Bulletin

Holy Name of Mary Catholic Parish

Rydalmere

Third Sunday in Ordinary Time, Year B

Sunday, 21st January 2024

"Accept yourself, love yourself, and keep moving forward. If you want to fly, you have to give up what weighs you down." — Roy T. Bennett



A story was told about a pious Christian lady that had to do a lot of traveling for her business, so she did a lot of flying. But flying made her nervous and often got her bored that she always took her Bible along with her to read, and it helped relax her.

One day, she was sitting next to a man who didn't believe in God, not to talk of sustaining reverence for the Holy Book. When he saw her pull out her Bible, he gave a little chuckle and went back to what he was doing.

After a while he turned to her and asked, "Do you really believe all the stuff in there, do you?" The lady replied "Of course I do! It is the Bible- the word of God." He said, "Well what about that guy that was swallowed by that whale?"

She replied "Oh, Jonah. Yes, I believe that; it is in the Bible. The Bible says Jonah was swallowed by a whale, and I believe it. And if it had said that Jonah had swallowed the whale, I would believe that too!" "Hahaha," he laughed hilariously and asked, "Well, how do you suppose he survived all that time inside the whale?"

The lady said "Well I don't really know. I guess when I get to Heaven, I will ask him." "What if he isn't in Heaven?" the man asked sarcastically. "Then you can ask him when you reach Hell," replied the lady.



The entire readings of today's liturgy emphasize the absolute need for total repentance and our immediate need for a quick and prompt response to God's invitation to repentance. The first reading of this Sunday's liturgy presents us with the story of Jonah who, obeying God, warned Nineveh of impending destruction. The city's inhabitants, from all ranks, sincerely repented, leading God to spare Nineveh from the foretold disaster. In the Second reading, St Paul, urges the Corinthian Church to waste no time in embracing the message of the Good News and in renewing their lives with repentance. Whereas, the Gospel reading, describes the summary of Jesus' Kerygma (preaching), "Repent, and believe in the Goodnews" (Mk 1:35), and equally describes how Jesus called His first set of disciples, Andrew, Peter, James, and John and their response to the call by leaving behind their job, possessions and even the family. everything they had owed.

Jesus is not asking us to put on sackcloth, but he expects us to show our determination to change our life and to follow him by the way we live. I cannot be satisfied with simply listening to the word of God. I need to accept the message, leave the style of life I have been living and turn to God, like the disciples and the people of Nineveh.

An old man dropped one of his new shoes out of a speeding train. When the other passengers thought it was quite a waste, he threw out the other shoe. The passengers were shocked. The old man explained, "No matter how expensive this pair of shoes is, the remaining one is now useless to me, so why not just throw out the other shoe so whoever picks them up will have a pair of shoes to wear and use?"

It is better to give up whatever is making us miserable in our life, rather than hang on to our problem and make ourselves more miserable. Letting go could be a better solution. That is the clarion call of Jesus this Sunday!

"Incredible change happens in your life when you decide to take control of what you do have power over instead of craving control over what you don't." — Steve Maraboli

Have a wonderful week ahead!

God's blessings Fr. Vince



This Sunday's Readings



Entrance Antiphon:

O sing a new song to the Lord; sing to the Lord, all the earth. In his presence are majesty and splendour, strength and honour in his holy place.

First Reading: Jonah 3:1-5,10
The people of Nineveh renounce their evil behaviour

The word of the Lord was addressed to Jonah: 'Up!' he said 'Go to Nineveh, the great city, and preach to them as I told you to.' Jonah set out and went to Nineveh in obedience to the word of the Lord. Now Nineveh was a city great beyond compare: it took three days to cross it. Jonah went on into the city, making a day's journey. He preached in these words, 'Only forty days more and Nineveh is going to be destroyed.' And the people of Nineveh believed in God; they proclaimed a fast and put on sackcloth, from the greatest to the least.

God saw their efforts to renounce their evil behaviour, and God relented: he did not inflict on them the disaster which he had threatened.

Responsorial Psalm: Psalm 24(25):4-6,7b-9
R. Teach me you ways, O Lord.

Lord, make me know your ways. Lord, teach me your paths. Make me walk in your truth, and teach me: for you are God my saviour. *R*.

Remember you mercy, Lord, and the love you have shown from of old. In your love remember me, because of your goodness, O Lord. *R*.

The Lord is good and upright. He shows the path to those who stray, he guides the humble in the right path; he teaches his way to the poor. **R**. **Second Reading:** 1 Corinthians 7:29-31 The world as we know it is passing away.

Brothers: our time is growing short. Those who have wives should live as though they had none, and those who mourn should live as though they had nothing to mourn for; those who are enjoying life should live as though there were nothing to laugh about; those whose life is buying things should live as though they had nothing of their own; and those who have to deal with the world should not become engrossed in it. I say this because the world as we know it is passing away.

Gospel Acclamation Alleluia, alleluia!

The kingdom of God is near: believe the Good News!

Alleluia!

Gospel: Mark 1:14-20

They saw where Jesus lived and they stayed with Him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

As he was walking along by the Sea of Galilee he saw Simon and his brother Andrew casting a net in the lake – for they were fishermen. And Jesus said to them, 'Follow me and I will make you into fishers of men.' And at once they left their nets and followed him.

Going on a little further, he saw James son of Zebedee and his brother John; they too were in their boat, mending their nets. He called them at once and, leaving their father Zebedee in the boat with the men he employed, they went after him.

Communion Antiphon:

I am the light of the world, says the Lord; whoever follows me will not walk in darkness, but will have the light of life.

PARISH ROSTERS

20/21 January 2024

Sat Vigil 5.30pm Sun 8.00am Sun 10.00am

Computer Operators: George Davidson Anthony Wong Anne Marie Lyons

Lectors:Maddison BoulousGlenys OxleeJessica TapiadorEli OgrizekJodie MacGregorSamuel Yu

Altar Society: Grace Coco

Cleaning Ministry: Susan Boulous & family

Counters: David & Sue Boulous & Tuti Sugita

27/28 January 2024

Sat Vigil 5.30pm Sun 8.00am Sun 10.00am

Computer Operators: Lynette Rodrigues Glenys Oxlee Vartguess Markarian

Lectors:Eli OgrizekRon Della VedovaLorna ArgalAnne-Marie HewkinsAnne Marie LyonsCynthia Oscar

Altar Society: Maria Greenfield & Lesley Long

Cleaning Ministry: Anton Massillamany & Vartguess Markarian

Counters: Tyrone Wiratunga & TBA

Let us pray for ...

Sick Recently Deceased

Robert Power Mary Hanna, Sergio Montano Sanchez,
Patrick Boswell West, Rolando Magsalin,
Rev Dr William Aliprandi,

Denise Murphy

Anniversaries

John Kelly, Jane Hickey, Colin Wright, Fr Ruben Elago, John Joyce, Eileen Muldoon, Patricia Broderick, Rose Fernandes, Vilma Roberts

PARISH NEWS AND EVENTS

VOLUNTEERS NEEDED !

READERS NEEDED: We are desperately short of Readers for all Masses. Please prayerfully consider taking on this role. The next roster begins 3rd March and **training is provided**.

Please contact Glenys Oxlee on 0488 288 633 by **9th February** for more information &/or if you would like to join the roster.

If your talents lie elsewhere, why not consider volunteering for one of our other parish ministries such as Children's Liturgy, Altar Society, Counters, Lawn & Garden or the Sunday 10am Morning Tea roster.

Register you interest on the Parish Ministry
Sign-up Sheet located at the back of the church.

Adoration Chapel



The church is open daily

7.00am -9.30pm

Important Change to Wednesday Mass Time

Staring in February Wednesday daily
Mass will return to 9:15am

PARISH NEWS AND EVENTS

WEEKLY ENVELOPES TO RESUME

The parish will resume using the weekly envelope as a method of collection.

Please note new envelope numbers will need to be issued.

If you would like to register for weekly envelopes or direct debit, please complete the form located at the back of the church & return it to the Parish Office.



Music for Lent Workshop

Musicians and Liturgy Planners are invited to attend an evening exploring Music for Lent on Monday 12 February 2024 from 7pm to 8.30pm at the Bishop Bede Heather Centre, Blacktown. The session will be presented by Eric Grella, Music Formation Facilitator, Mission Enhancement Team. To RSVP, please contact mary.gale@parracatholic.org by 5 February 2024.



SATURDAY 10TH FEBRUARY 11AM 2024

A Mass for the World Day of the Sick, including the Sacrament of the Anointing of the Sick, will be held at 11am on Saturday 10 February 2024 at

St Patrick's Church, Mary, Queen of the Family Parish, Blacktown.

All are welcome, including those who may be sick, and those who care for the sick and dying and health care professionals.

RSVPs are required by **6 February 2024** to mary.gale@parracatholic.org



Saints of the Week

22nd January St Vincent

24th January St Francis de Sales 25th January The Conversion of St

Paul the Apostle

26th January Australia Day

St Francis de Sales was born to a noble family at Chateau de Sales in the Kingdom of Savoy near Geneva, Switzerland on August 21, 1567. He was a man of singlehearted zeal

and gentle wisdom who directed many people to find God in forms of devotion shaped by their own circumstances. The Church continues to reap the benefits of the good he sowed through his writings.



RECONCILIATION:

Wednesday: 6:15 - 6:45pm Saturday 8:30 am - 9:00 am

ADORATION (EXPOSITION)

Wednesday 6:00pm -7:00 pm Saturday 8:30 am

BAPTISM:

2nd & 4th Sunday of the Month 11:30 am

WEEKDAY MASSES

Tue - Thu - Fri - Sat 9:15 am
Wednesday 7:00 pm

SUNDAY MASSES:

Saturday (Vigil) 5:30 pm Sunday 8:00 am & 10:00 am

PARISH TEAM

Fr. Vincent Savarimuthu

Parish Priest

Jodie MacGregor

Parish Secretary

Susie Lee

Finance Secretary

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PARISH SCHOOLS

St. Mary's Primary School

1 Myrtle Street, Rydalmere NSW 2116

Ph: (02) 8844 5700

Email: StMarysRydal@parra.catholic.edu.au

Principal: Mr. Richard Blissenden

St. Patrick's Marist College

171 Kirby Street, Dundas NSW 2117

Ph: (02) 8841 7900

Email: stpatsdundas@parra.catholic.edu.au

Principal: Mr. Paul Ryan