



# HOLY NAME OF MARY PARISH RYDALMERE

Eighteenth Sunday in Ordinary Time / B  
1 August 2021

Church: 4 Myrtle Street, Rydalmere  
Mail: 2 Myrtle Street, Rydalmere 2116  
Phone: (02) 9684.1541  
Fax: (02) 9638.6326  
Email: admin@holymary.org.au



Parish Priest: Fr. Peter Lamont  
Ass. Priest: Fr. Yong Ho Jang (Fr. Pio)  
St Mary's School: Mr. Richard Blissenden  
St Patrick's Marist: Mrs. Angela Hay  
Website: www.holymary.org.au

## MASS TIMES

<b>SUNDAY EUCHARIST:</b>	Saturday Vigil	5.30pm
	Sunday	7.30am & 9.30am
<b>WEEKDAY EUCHARIST:</b>	Tuesday - Saturday	9.15am
<b>RECONCILIATION:</b>	Saturday	4.30pm - 5.15pm
<b>ANointing OF SICK WITHIN MASS</b>	1 <sup>st</sup> Saturday bi monthly (Feb, Apr, Jun, Aug, Oct, Dec)	9.15am
<b>EXPOSITION OF THE BLESSED SACRAMENT &amp; BENEDICTION</b>	Exposition/Benediction: Friday	7.30pm
	Exposition: Wednesday & Saturday	8.30am
<b>BAPTISMS:</b>	2 <sup>nd</sup> and 4 <sup>th</sup> Sunday of the month	11.30am

## Please Pray For

### RECENTLY DECEASED:

Peter Khoury, Kathleen McFadden, Kathleen Lourey, Soccorsa Crotti, Kathleen Krahe, George Williams, Enid Mulcare, Abigail Deam, Jill Shanks, Verdy Markarian, Min Ling, John Buttenshaw, Bernadette Suarez, Leo Fernando Wanigaratnam, Lorraine Evans, Barbara Mackenzie-Hunter, Nigel John West.

### ANNIVERSARIES:

Sadie Faust, Najla Antoun, Joseph Antoun, Antonio Ruotolo, Robert Oxlee, Fr Anthony Campbell, SJ - Sr Barbara Eileen (Beanie) Pedley, Dermot Patrick Lyons, George Sant, Frederic Herft.

## Rosters –

### Cleaning Ministry

### Computer Operators:

Vigil 5.30pm  
Sun. 7.30am  
Sun. 9.30am

### Counters:

### Lectors:

Vigil 5.30pm  
Sun. 7.30am  
Sun. 9.30am

## HOME GROUND

HOME Ground is a schedule of new and pre-existing online gatherings to support the wellbeing and connection of people of our Diocese each evening for the next four weeks starting Monday 26 July at 7.30pm. The schedule is now live via a banner on the homepage of the Diocesan website – www.parracatholic.org The offerings are extensive and complement the wonderful online ministry and Masses already being led at many parishes across Western Sydney and the Blue Mountains.



## RYDALMERE LIVESTREAMED MASS

There will be livestreaming Mass in Rydalmere church on Sundays at **10am**, during lockdown. Please visit our website to join in.

## THE WELL

Need some inspiration and spiritual encouragement during lockdown? The Diocese's 'on demand' streaming site has a tonne of video and prayer resources for you to explore and engage with during this difficult time. Check it out on www.thewell.org.au



## PASTORAL LETTER TO THE FAITHFUL OF THE DIOCESE OF PARRAMATTA ON COVID-19

Dear sisters and brothers,

"For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord." (Romans 8:38-39)

I am sure that these words of St Paul are particularly pertinent to us as a Christian community as we endure the "second wave" of this pandemic with an increasing outbreak of the COVID19 "delta variant."

Having perhaps lulled ourselves into thinking that lockdowns were a thing of the past we find ourselves once again restricted in terms of our lives, and in particular, our capacity to access the Sacraments which are so fundamental to Catholic life.

I thank the pastors of our Diocese for their continuing efforts to maintain contact with the members of their parish communities, for the live streaming of liturgy, and other ways in which pastoral care is being offered particularly to those who are alone or facing other challenges.

As responsible citizens and faithful Catholics, in solidarity with our doctors and nurses, we must comply with health orders for the sake of the common good. The Gospel calls us to practice such solidarity in these difficult days.

We are also reminded that part of our identity as Catholics is our sense of engagement with one another through the celebration of the Eucharist which binds us to Christ and to those who gather with us. Whilst this communion cannot be impaired (even by a lockdown) the lack of being able to physically gather as the Body of Christ obviously can impact our sense of belonging. It is in these circumstances that we must endeavour to be sacramental to those in our families and those we are able to be in contact with by showing the face of Christ and allowing God's love to manifest in us.

May we also use these days to deepen our prayer and spiritual lives. Our Diocesan websites www.catholicoutlook.org, particularly www.thewell.org.au contain some good and helpful information about how we can follow this path of deeper prayer, meditation and spiritual reading. Please be assured that as your Bishop you are all constantly in my prayers, and I long for the day when once again we can express our faith tangibly by gathering in our various places of worship to celebrate the Eucharist and express that joy which comes from our faith in Jesus Christ.

Our Lady, Help of Christians, pray for us.

St Mary of the Cross MacKillop, pray for us.

Yours sincerely in Christ,

Most Reverend Vincent Long Van Nguyen OFM Conv

Bishop of Parramatta

## SCAM EMAILS

Parishioners are reminded to be more vigilant when receiving email from 'Rev Peter Lamont'. Please note, our parish only communicate using admin@holymary.org.au or rydalmere@parracatholic.org

## COVID-19 UPDATE

Due to stay-at-home orders from the NSW Government, all church buildings, adoration chapels and other buildings used for prayer and religious services are **closed**. Public Masses have ceased. Many parishes around the Diocese are celebrating Masses online. For more information, please visit the Diocesan website www.parracatholic.org/covid19 During this pandemic you are dispensed from Sunday Mass obligations.

## SACRAMENTS

Any parishioner who requires the Sacraments, please contact the parish office on 9684 1541 or email admin@holymary.org.au. I'm available at any time.

Fr Peter

## FIRST HOLY COMMUNION

Due to the extension of Covid-19 lockdown, we have had to cancel the Parent Session for Holy Communion and the First Holy Communion previously scheduled on 25<sup>th</sup> July to 15<sup>th</sup> August, with great regret.

No future dates have been set.

Diane O'Shea – Sacramental Coordinator

## PRAYER TO OUR LADY, HEALTH OF THE SICK

*O Mary, you shine continuously on our journey as a sign of salvation and hope.*

*We entrust ourselves to you, Health of the Sick.*

*At the foot of the Cross you participated in Jesus' pain, with steadfast faith.*

*You, Salvation of your People, know what we need.*

*We are certain that you will provide,*

*as you did at Cana of Galilee, so that,*

*joy and feasting might return after this moment of trial.*

*Help us, mother of Divine Love,*

*to conform ourselves to the Father's will*

*and to do what Jesus tells us:*

*He who took our sufferings upon Himself,*

*and bore our sorrows to bring us, through the Cross,*

*to the joy of the Resurrection. Amen.*

*We seek refuge under your protection, O Holy Mother of God.*

*Do not despise our pleas – we who are put the test and deliver us from every danger,*

*O glorious and blessed Virgin.*



# OUR SUNDAY CELEBRATION

EIGHTEENTH SUNDAY IN ORDINARY TIME / B

01 AUGUST 2021

'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.'

'Sir,' they said 'give us that bread always.'

Jesus answered: 'I am the bread of life.

He who comes to me will never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

## HOMILY

### PROFESSION OF FAITH APOSTLES' CREED

*Or the Nicene Creed may be said.*

I believe in God, / the Father almighty, / Creator of heaven and earth, / and in Jesus Christ, his only Son, our Lord, / who was conceived by the Holy Spirit, / born of the Virgin Mary, / suffered under Pontius Pilate, / was crucified, died and was buried; / he descended into hell; / on the third day he rose again from the dead; / he ascended into heaven, / and is seated at the right hand of God the Father almighty; / from there he will come to judge the living and the dead. / I believe in the Holy Spirit, / the holy catholic Church, / the communion of saints, / the forgiveness of sins, / the resurrection of the body, / and life everlasting. Amen.

### PRAYER OF THE FAITHFUL

#### LITURGY OF THE EUCHARIST

*After the priest raises the paten with the bread and prays, and then the chalice, we respond to each prayer:*

R. Blessed be God for ever.

P. Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

### PRAYER OVER THE OFFERINGS

P. Graciously sanctify these gifts, O Lord, we pray, and, accepting the oblation of this spiritual sacrifice, make of us an eternal offering to you. Through Christ our Lord. R. Amen.

### THE EUCHARISTIC PRAYER

P. The Lord be with you.

R. And with your spirit.

P. Lift up your hearts.

R. We lift them up to the Lord.

P. Let us give thanks to the Lord our God.

R. It is right and just.

### PREFACE I-VIII OF THE SUNDAYS IN ORDINARY TIME

*After the Preface, we sing or say:*

All: Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest. Blessed is he

who comes in the name of the Lord.

Hosanna in the highest.

### THE MEMORIAL ACCLAMATION

P. The mystery of faith.

All: We proclaim your Death, O Lord, and profess your Resurrection until you come again.

### COMMUNION RITE

P. At the Saviour's command and formed by divine teaching, we dare to say:

All: Our Father, who art in heaven . . .

P. Deliver us, Lord, we pray. . .

All: For the kingdom, the power and the glory are yours now and for ever.

P. Lord Jesus Christ, who said. . .

R. Amen.

P. The peace of the Lord be with you always.

R. And with your spirit.

P. Let us offer each other the sign of peace.

*All exchange a sign of peace.*

### LAMB OF GOD

All: Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

### INVITATION TO COMMUNION

P. Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

### COMMUNION ANTIPHON Wis 16: 20

You have given us, O Lord, bread from heaven,

endowed with all delights and sweetness in every taste.

### PRAYER AFTER COMMUNION

P. Accompany with constant protection, O Lord, those you renew with these heavenly gifts and, in your never-failing care for them,

make them worthy of eternal redemption. Through Christ our Lord.

R. Amen.

### THE CONCLUDING RITES

P. The Lord be with you.

R. And with your spirit.

P. May almighty God bless you, the Father, and the Son, and the Holy Spirit.

R. Amen.

P. Go forth, the Mass is ended.

R. Thanks be to God.

### BREAKING OPEN THE WORD

#### SHORT MEMORIES AND DEEPEST HUNGERS

God must surely wonder at our capacity to quickly forget how we have been blessed. The people of Israel wasted no time in complaining to Moses about having been brought out of slavery in Egypt! It was not enough that they had seen the army of Pharaoh drowned, or the plagues sent as signs that God was working through Moses. In a similar fashion the people who had seen Jesus heal so many who suffered from sickness, and then feed the multitude, will demand a further sign from Jesus in order that they would believe in him and trust in him as the bread of life!

There is a tremendous tension in these readings between the patience and generosity of God on one hand, and on the other, the ways in which we can fail to appreciate and accept what God is offering us. In time the people in the desert tired even of the quail and manna, just as many of Jesus' contemporaries were unable to accept that he was the bread of life, and the answer to their deepest hunger and needs.

As Paul knew all too well the process of conversion is an ongoing one, a challenge to leave behind our old selves, that is, that which does not answer our most heartfelt needs or engender life. Even though we may recognise that Jesus is the source of our life it can still be a struggle to nurture the new life of Jesus within us because of old patterns of acting or perceiving.

CHRISTOPHER MONAGHAN CP

#### A SERVICE OF THE SOCIETY OF ST PAUL

Reproduction of this bulletin in any form prohibited. Published with ecclesiastical approval by ST PAULS PUBLICATIONS, PO Box 906, Strathfield NSW 2135. Tel: 9394 3400 Fax 02 9394 3444. Scripture readings from the Jerusalem Bible, published and © 1966, by Darton, Longman and Todd Ltd and Doubleday & Co. Inc. are used by permission of the publishers. Psalm text from The Psalms, A New Translation, © 1963, The Grail (England), HarperCollins. New translation of the Order of Mass from The Roman Missal © 2010, International Commission on English in the Liturgy Corporation. All rights reserved. Artwork by Sr Dorothy Woodward rsj. Layout, commentaries and illustrations © St Pauls Publications, 2021. No 514. Website: www.stpauls.com.au

THE BREAD OF LIFE. The manna the Israelites discovered in the wilderness satisfied their hunger. More importantly, it was a sign that God was with them in their time of trial. Likewise, the multiplication of the loaves and fishes was not intended simply to satisfy the hunger of the crowds but to be a sign to them of the presence of God in Jesus. In the symbolic actions of the Eucharistic celebration we also recognise the presence of Christ, the Bread of Life, among us.

### INTRODUCTORY RITES

#### ENTRANCE ANTIPHON

Ps 69: 2, 6

O God, come to my assistance;  
O Lord, make haste to help me!  
You are my rescuer, my help;  
O Lord, do not delay.

#### GREETING

P. In the name of the Father, and of the Son, and of the Holy Spirit.

R. Amen.

P. The Lord be with you.

R. And with your spirit.

#### PENITENTIAL ACT

P. Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

P. Lord Jesus, you are the image of the unseen God: Lord, have mercy.

R. Lord, have mercy.

P. You are the first born of all creation: Christ, have mercy.

R. Christ, have mercy.

P. You are the head of the body, the Church: Lord, have mercy.

R. Lord, have mercy.

P. May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

R. Amen.

#### GLORIA

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

#### COLLECT

P. Draw near to your servants, O Lord, and answer their prayers with unceasing

kindness, that, for those who glory in you as their Creator and guide, you may restore what you have created and keep safe what you have restored. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

R. Amen.

### LITURGY OF THE WORD

#### FIRST READING

Ex 16: 2-4, 12-15

A reading from the book of Exodus.

*I will rain bread from heaven upon you.*

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God." ' And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The word of the Lord.

R. Thanks be to God.

#### RESP PSALM

Ps 77: 3-4, 23-25, 54. R. v. 24

R. The Lord gave them bread from heaven.

1. The things we have heard and understood, / the things our fathers have told us, / we will tell to the next generation: / the glories of the Lord and his might. R.

2. He commanded the clouds above / and opened the gates of heaven. / He rained down manna for their food, / and gave them bread from heaven. R.



3. Mere men ate the bread of angels. / He sent them abundance of food. / He brought them to his holy land, / to the mountain which his right hand had won. R.

#### SECOND READING

Eph 4: 17, 20-24

A reading from the letter of St Paul to the Ephesians.

*Put on the new person that has been created in God's image.*

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The word of the Lord.

R. Thanks be to God.

#### GOSPEL ACCLAMATION

Mt 4: 4

Alleluia, alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!

#### GOSPEL

Jn 6: 24-35

P. The Lord be with you.

R. And with your spirit.

P. A reading from the holy Gospel according to John.

R. Glory to you, O Lord.

*Whoever comes to me will never be hungry; whoever believes in me will never thirst.*

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: